1. DATE 8th./9th. February 2020.

ADMINISTRATOR – Rosemary Trott, 33A Carisbrooke Road, Hucclecote, Gloucester, GL3 3QR Tel 01452-865766

E-Mail entries@cotswoldmarathon.org.uk
Web Site www.cotswoldmarathon.org.uk
On-line shop www.uniformeasy.com/990059086/

3. INTRODUCTION

The Cotswold Marathon is a winter night hike around Gloucester and over the Cotswold Hills. There are 3 routes:- Bronze 10miles, Silver 20miles and Gold 30miles. There is a maximum time limit of 6, 11 and 16 hours respectively. The Marathon is over varying terrain making it necessary for team members to have a good knowledge of mapping and orienteering. There are checkpoints every few miles around the route where drinks will be provided.

The hike starts at 1700 hours on the Saturday from Murray Hall, Tuffley Lane, Gloucester. Walkers should arrive for kit check at least 45 minutes before the start.

4. RULES

a) GENERAL

The marathon is open to members of the UK Scout or Guide Associations. Adult members must provide their membership number on the entry form. Non-members may be allowed to take part at the discretion of the organisers.

b) CLASSES

AGE RANGES (On Saturday of event)	NOTES
Aged 11 and over but under 14	Walkers aged 11 or 12 must be accompanied by an adult or Explorer/Ranger
Aged 13 and over but under 18	-
Aged 14 and over but under 18	
Aged 18 and over but under 25	
Aged 25 and over	
	(On Saturday of event) Aged 11 and over but under 14 Aged 13 and over but under 18 Aged 14 and over but under 18 Aged 18 and over but under 25

Composite teams of three members not covered by any of the above Gold Classes may walk the full marathon as long as all members are aged 14 or over. Such a team will be eligible for the Lowery or Soble Trophies only.

c) ACCOMPANYING WALKERS

Adults may walk with teams entering the Bronze or Silver classes. They must complete the section on the rear of the entry form and pay the entry fee. Teams with walkers under 13 may walk with a silver or gold team but they must walk together to the bronze finish.

d) TROPHIES AND AWARDS

Certificates, Medals and badges will be awarded to all walkers who complete the Marathon within the allotted times. Entry certificates and badges will be given to retirements.

BRONZE MARATHON TROPHIES

Gait Trophy	Fastest team in Bronze Class
Male Trophy	Fastest Male team in Bronze Class
Female Trophy	Fastest Female team in Bronze Class
Di Large Trophy	Fastest Mixed team in Bronze Class

SILVER MARATHON TROPHIES

Keith Aston Cup	Fastest team in Silver Class.
Tony Day Trophy	Fastest Male team in Silver Class
Glos Div Girls Trophy	Fastest Female team in Silver Class
Sealey Trophy	Fastest Mixed team in Silver Class

GOLD MARATHON TROPHIES

Lowery Trophy	Overall fastest team in Gold Class
Junior Trophy	Fastest team in Gold -Junior Class
Senior Trophy	Fastest team in Gold - Senior Class
Justin Bailey (Lonsdale) Trophy	Fastest team in Gold - Cotswold Class
Soble Trophy	Awarded to an outstanding team at the organisers discretion
Lasses Trophy	Fastest Female team in Gold - Junior or Senior Classes
Ladies Trophy	Fastest Female team in Gold - Cotswold Class

The winners of the Lowery Trophy, Gait Trophy and Keith Aston Cup are not eligible for any other team trophy. Final rules will be circulated with the confirmation of entry.

e) TEAMS

A TEAM will consist of three people at the start of the hike. If more than three walkers start together, three must be nominated as the team at the start and only these three will qualify for a TEAM prize. If one or more members of a team retire during the event, then the remaining members of the team will be allowed to complete the hike with another team but will NOT be eligible for a Team prize.

f) RETIREMENTS

Walkers may be retired if they don't achieve these cut off times:- Bronze CP3 in 3hrs 30mins. Silver and Gold CP4 in 4 hrs or CP7 in 7 hrs from teams start time.

g) BACK-UP VEHICLES

Back-up vehicles are not allowed, their use will result in disqualification. Supporters are asked not to follow the route in vehicles as parked vehicles cause congestion at checkpoints and in narrow lanes along the route. This could jeopardise the safety of walkers and prevent ambulances etc. getting to any incident.

The following kit must be taken by EACH walker:

Footwear suitable for rough and wet terrain(The organisers reserve the right to insist that walkers wear 'BOOTS' if adverse conditions prevail on the day), long warm trousers(not jeans), torch, spare batteries and bulb(if not LED), waterproof top, over trousers, sweater, gloves, warm hat, spare woollen/hiking socks, first aid kit (for minor injuries, blisters etc.), emergency food supply, survival bag(not lightweight), whistle, reflective bandolier or waistcoat, reflective leg bands, reflector or reflective tape on rucksack.

The following minimum kit to be carried as team equipment: Sleeping bag, compass, map (- O.S. 1/25,000 Explorer series No. 179)

5. FOOD

- a) During the hike each member is expected to carry their own food in addition to an emergency food pack. At most checkpoints there will be squash available and at some checkpoints hot drinks will also be provided.
- b) Breakfast will be available (see entry form) from 06.00 hours on Sunday. Breakfast must be booked and paid for in advance and will only be served to those who have vouchers. Last breakfast served at 09:30 hours.

6. PROVISIONAL ROUTE

START-822154 : CP1-840151 : CP2-8634 1485 : CP3-866122 : CP4-895131 CP5-913129 : CP6-928143 (Bronze Finish) CP7-929124 : CP8-956093 : CP9-943063 : CP10 906061 (Silver Finish) CP11-878087 : CP12-870117

CP13-857125 : CP14-849139 : FINISH-822154. Walkers must pass through all checkpoints.

Suggested routes will be published on the web site prior to the event.

7. PRACTICE WALKS

During the event safety cover and supervision is provided, however, on practice walks it is the Leader's responsibility to ensure that adequate supervision is provided. The weather conditions on the route can change very quickly and become very hostile during the winter months. For your own safety it is important that reflective clothing is worn on practice hikes and the Country and Highway Codes are obeyed.

8. GENERAL

The organisers and Gloucester District Scout Council accept no responsibility whatsoever for any loss incurred during the weekend of the event. Walkers should make their own arrangements for insurance of possessions if they feel it necessary.

Kit check will open at 3:00pm on the day. .

There is no formal presentation and winners will be posted on the website at the end of the event. Completion medals will be presented at the end of each route and Trophy winners will receive a marathon boot by post after the event.

GLOUCESTER DISTRICT SCOUT COUNCIL

Cotswold Marathon



47th. YEAR 8th/9th FEBRUARY 2020







